

Strongholds that Strangle-Unleashing the Gospel for Women

*“The Truth Can Transform You-
Just As Much As A Lie Can Destroy You”*

Strongholds Begin with a Lie

Listening to the Lie
Dwelling on the Lie
Believing the Lie
Acting on the Lie

Transformation Begins with the Truth

Listening to the Truth
Dwelling on the Truth
Believing the Truth
Acting on the Truth

Stronghold	How does it look?	What is the Lie Behind This?	What is the Truth	Why don't I believe the truth?	How would the truth look in my life?	What would help me believe this?
Worry Fear Anxiousness	Controlling Restless Irritable Tired	I can handle This-God doesn't Know how	He is Sov. He knows best	No trust, Experiences, Small God,.....	Resting, Prayerful Dependent Peaceful Calm Trusting	Scriptures (Rom 8:23, Matt 6, Eph 3:20) Friends, bible study, Christian community, listening to truth

Remember.....*the Truth*

Repent.....*of your Unbelief*

Risk*living by Faith*

Rest.....*in the Love of your Father!*

Scriptures: Genesis 3, James 1:20

Is. 44....this thing I hold in my hand is a lie!

Mark 5:21-42, Mark 9:14-29, Mark 10:46-52Your faith has healed you. Go in Peace!

