

What words show the opposite of this asset? What was your former state before you were in Christ?

Why is this gift important? Because ...

Applications:

What false thinking about my relationship with God does this truth reveal?

If I really believed this is true of me, what would I be able to be free from? (Some examples might be: guilt, shame, people-pleasing, etc.)

If I viewed my family members this way, how would I change the way I act toward them?

How does this truth impact my on-going relationship with God?

★ A sample conversation with myself might include:

Situation	→Beliefs	→Thoughts	→Emotions	→Actions
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- It would be nice if _____ were to happen, but I'm still deeply loved, completely forgiven, fully pleasing, totally accepted, and complete in Christ.
- How do the emotions I have in this situation reveal what I really believe?

