



# “The Discipline of Listening”

Proverbs 1

## SERMON NOTES

*Record your insights and observations from this week’s sermon:*

## A WORD FROM MIKE....

*This week we begin a new series of studies in some of the “forgotten disciplines” of the Christian life. My hope for UPC is that we won’t simply understand these disciplines, but that we will practice them, if we aren’t already.*

*But let me warn you. They will require something of us! They will demand that we slow down, prioritize, give up some things, and change our values. Are we ready for such an impractical life? Are you?*



## KNOWING GOD

a) Read quickly through Genesis 1. Notice all the times it says, “God said.” What are some implications of the fact that God spoke the universe into being?

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b) Read Psalm 28:1-2. These verses imply that God not only speaks, but listens. In what specific ways has God heard your cry for mercy?

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c) How does God speak to people today?

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d) Read Proverbs 1:1-9. What are some ways you can listen to God?

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e) What needs to change in order for you to be a better listener to God?

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## GROWING TOGETHER

a) Read Proverbs 1:20-33. What are some of the competing voices in your life that make it difficult to hear God?

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b) The Bible calls us not only to listen to God, but to other people. Read James 1:19-20. On a scale of 1 to 10 (with 10 being excellent), how would you rate yourself as a listener? \_\_\_\_\_

c) What listening skills do you need to work on?

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## SERVING OTHERS

a) Read James 1:22-27. What is the test of whether or not one is really listening to God?

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b) How can UPC (or your Life Group, Bible study, etc.) live up to what is said in James 1:27?

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c) What if our church practiced the disciplines of listening to God and to each other more faithfully than we are at present. What would be different?

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