AN UNDIVIDED HEART: THE LIFE OF DAVID
May 17, 2009

"The Way Up Is Down"

1 Samuel 21:10 – 22:5

LISTEN

Record your insights and observations from this week's sermon:

SHARE

You've probably heard the old axiom, "No pain, no gain." Tell about a time or situation in which you experienced the truth of that saying.

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REFLECT

a) Read 1 Samuel 21:10-22:5.

b) Why was David fleeing from King Saul (21:10)?

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c) Why did David feign insanity in Gath, and what did it cost him (21:11-15)?

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d) 1 Samuel 22:1 tells us that David "escaped to the cave of Adullam." It is possible that this is the context of Psalm 57 and/or Psalm 142. While the titles of psalms are not necessarily inspired, they often give us clues about what was going on when they were penned. Read Psalm 57. Identify the leading emotions that the author shares in this psalm.

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e) Why do you think "those who were in distress or in debt or discontented" came to David when he was in the cave of Adullam (22:2)?

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f) Why did David leave his parents with the king of Moab (22:3-4)?

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APPLY

a) In this week's passage of Scripture, we observe attitudes and actions in David that could have been motivated by faith or by fear. How do you evaluate David's behavior? Was it inspired by faith, fear, or both?

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b) How does David serve as a type of Christ in this passage?

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c) What was God doing in David's life through these experiences?

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d) How do you think these experiences would later benefit David in his role as king of Israel?

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e) Of the various lessons God was teaching David, which one might God be trying to teach you right now?

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PRAY

a) Pray for our high school seniors as they prepare for graduation, jobs, and further schooling.

b) Thank God for UPC's Children's Ministry. Soon our Sunday School teachers will bring another year of teaching to a close. Pray for them to have a restful summer break. Pray for Linda Wheatley, our Children's Director, as she enlists teachers for the summer.

c) Pray for Vacation Bible School (June 22-26). Ask the Lord to bring lots of people who do not have a church home through our doors that week.

d) Pray for our graduates from Reformed Theological Seminary, that God will place each one in fruitful ministry.