



# “Joyful, No Matter What”

Acts 16:16-34

## LISTEN

*Record your insights and observations from this week’s sermon:*

## SHARE

Share a time when you experienced true joy. What made this experience so joyful for you?

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## REFLECT

a) Read Acts 16:16-34. What hardships and injustices did Paul and Silas experience?

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b) How do you see Paul and Silas expressing joy?

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c) Why were Paul and Silas able to experience joy in the midst of their suffering?

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d) How did the jailer respond to Paul and Silas? Why do you think he responded like that?

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**APPLY**

a) How do you think the world defines joy? Does it differ from the Bible's definition? Why or why not?

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b) What is attractive about joy?

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c) What obstacles to joy are there in your life?

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d) What would it look like for a person to experience joy alongside heartache and sorrow, without minimizing or ignoring the pain?

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e) How can you encourage joyfulness at UPC? In your Life Group? In your home?

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