



**PHILIPPIANS:
ENJOYING LIFE**
An interactive Bible study for
individuals, families,
and LIFE Groups

~ Week Four ~
"A Joy Better Than Life"
Philippians 1:19-26

SERMON NOTES

Write your insights and observations from today's sermon here:

WARM UP

When do you feel most alive?

RECALL THE SUNDAY SERMON

Read Philippians 1:19-26

a) How could Paul say, "What has happened to me will turn out for my deliverance" (vs. 19)?

b) What was Paul's dilemma in verses 21-24?

c) How did Paul resolve that dilemma?

d) In what specific way(s) did this week's sermon challenge, convict, or inspire you?

Welcome to UPC's weekly Bible study guide. We pray that this tool will help you **RECALL** what you heard in the Sunday sermon, **REFLECT** on the Scriptures more fully, and **RESPOND** with love to God, church, and community. If you miss a sermon, or would like to review it, visit our website: www.upc-orlando.com.

REFLECT A BIT FURTHER

a) What does this statement in verse 21 really mean to you: "To live is Christ"?

b) Is Paul a fatalist when he says, "To die is gain" (vs. 21) and "I desire to depart and be with Christ, which is better by far" (vs. 23)? In other words, has Paul checked out and given up on life by saying such things? Why or why not?

c) What is your mental picture of heaven?

d) How often do you think about going to heaven? Is that enough, do you think?

e) You've probably heard the statement, "She's so heavenly minded that she's of no earthly good." In light of this week's passage of Scripture, what do you think about that statement? Is it in harmony with Paul's outlook on life and death?

RESPOND TO GOD'S WORD

a) Paul's says in verse 20 that his chief goal in life was that "Christ will be exalted in my body, whether by life or by death." To exalt Christ means to enlarge or magnify him so others can see him in your life. It means to be a life-size, living, breathing portrait of Jesus Christ. Now obviously, no one can do this perfectly. But what is keeping you from resembling Jesus Christ more in your day-to-day relationships with others?

b) In order to exalt Christ in his body, Paul depended on the prayers of fellow believers as well as the help of the Holy Spirit (vs. 19). Please share with someone you trust your answer to the question above. Ask this person to pray that you will become more of a life-size portrait of Christ.

PRAY FOR UPC

Please pray this week for:

- The **Orange County Board of Zoning Adjustment**, meeting on Thursday, April 6, to consider our request to extend the use of modular classroom buildings on our property up to 6 buildings. Please pray that our representative in this request, Tom Sullivan, will be effective and that our request will be approved.
- The **Easter Fun Fest** coming up on Saturday, April 8 - that God will use it to draw families in east Orlando to Himself.
- Our **Maundy Thursday & Easter Sunday** worship services.
- **Vacation Bible School** June 11-16 - that many children will give their hearts to Jesus that week.
- Our **Women's Ministry**, as they plan their annual spring retreat for May 19-21.
- Our ministry to **The LifeCare Center and The Bridge** - that our volunteers will show the love of Christ to the residents and staff, and be encouraged to persevere.