



**PHILIPPIANS:  
ENJOYING LIFE**  
An interactive Bible study for  
individuals, families,  
and LIFE Groups

~Week Two~  
Philippians 1:9-11

**SERMON NOTES**

*Write your insights and observations from today's sermon here:*

**Welcome** to UPC's weekly Bible study guide. We pray that this tool will help you **RECALL** what you heard in the Sunday sermon, **REFLECT** on the Scriptures more fully, and **RESPOND** with love to God, church, and community. If you miss a sermon, or would like to review it, visit our website: [www.upc-orlando.com](http://www.upc-orlando.com).

**WARM UP**

Tell about something you did this past week out of love for someone else. What effect did it have?

---

---

---

---

**RECALL THE SUNDAY SERMON**

**Read Philippians 1:9-11**

a) Share an insight or "Aha!" moment you got from this week's sermon:

---

---

---

---

b) Paul's prayer in these verses sounds a bit abstract on the surface, don't you think? To make it more concrete, complete the following sentence using fewer than ten words:

Paul prays that his friends in Philippi \_\_\_\_\_

---

---

---

c) What did you learn about the person or work of Jesus Christ from this week's sermon?

---

---

---

---

d) In what ways would you like to see UPC apply this sermon in the days ahead?

---

---

---

---

---

---

**REFLECT A BIT FURTHER**

a) In verse 9, Paul prays that the Philippians' "love may abound more and more in knowledge and depth of insight." Does it seem odd to you that Paul prays for both "love" and "knowledge"? Explain why you think Paul brings those two ideas so close together:

---

---

---

b) Notice the words "so that" in verse 10. There is a cause-and-effect connection between verses 9 and 10. Why would more love in the church (vs. 9) help the Philippian believers "discern what is best" and grow more "pure and blameless" (vs. 10)?

---

---

---

c) What "fruit of righteousness" do you think Paul has in mind in verse 11?

---

---

---

d) Why is it important for a church to strive to be "pure and blameless" (vs. 10)? How is it possible to aim for purity on the one hand, while on the other hand being people of grace and patience toward one another?

---

---

---

---

**RESPOND TO GOD'S WORD**

a) Paul ends his prayer with "to the glory and praise of God" (vs. 11). How would your life change if you were to live more consistently to the glory and praise of God? What would be different about your thinking, your behavior, your daily routine? Is there anything you would start doing . . . or stop doing?

---

---

---

b) Now, pray Paul's prayer in verses 9-11 for yourself. Read it out loud but personalize it, substituting "I" and "my" for "you" and "your." Believe that God desires to give you these blessings!

**PRAY FOR UPC**

Please pray this week for:

- U-Life (our college ministry) – Pray for Ande Johnson, our College Ministry Director, as he nears the end of his final semester at RTS; and for our efforts to establish a Reformed University Fellowship on the campus of UCF next fall.
- Resources – Pray that God will provide the vision, volunteers, and money we need to reach east Orlando with the gospel.
- Important upcoming children's programs: the Easter FunFest on April 8, and Vacation Bible School June 11-16
- The new churches we are helping to plant: Christ Kingdom Church, Conway Community Presbyterian Church, City Presbyterian Church, Baldwin Park Community Church, and Avalon Presbyterian in west Orlando
- Our senior high youth group, many of whom are currently raising money for their June mission trip to London
- Our ministry partner, Covenant Theological Seminary in St. Louis, MO – preparing to celebrate 50 years of ministry